

CARSON VALLEY ITINERARIES

FILL YOUR WINTER WELLNESS CUP

8:00 am to 4:00 pm

9:00 AM - COFFEE AND A SMILE AT OI! COFFEE

Wake up with a cup of Joe at Oi! Coffee. Enjoy a bagel, quiche, and other fresh goodies along with a side of cool vibes. Everyone's a friend at Oi!



Oi! Coffee

10:30 AM - BEAT CABIN FEVER WITH FRESH AIR

Let momma nature give you a big ole' bear hug! Take advantage of the ski, snowboard, and gear rental options available at Big Daddy's Bike & Brew or at Heavenly Resort just a short drive away. Heavenly offers lessons and trail maps, or you can explore some trail options in nearby Hope Valley. If snow isn't your thing, Carson Valley trails are largely accessible year-round, with the appropriate layers of course!



Hope Valley Outfitters

1:30 PM - LUNCH AT FULL BELLY DELI

Warm up and feed your appetite with a delicious cup of soup, stacked sandwich or fresh salad at Full Belly Deli.



Genoa Wellness Spa

2:30 PM - MASSAGE AT GENOA WELLNESS SPA

Massages are great for relieving tension and stress (who doesn't have some of that!), improving circulation, managing pain, reducing anxiety and depression, and restoring mind/body balance. The specialists at the Genoa Wellness Spa use all natural products and know just how to revitalize and rejuvenate! Reservations are required.

6:00 PM - WIND DOWN AT THE PINK HOUSE

Built in 1855, the Pink House pairs history and delightful dishes – the perfect end to a day full of mind and body wellness!



The Pink House

Note - Itineraries are provided as samples and are subject to availability and seasonal considerations. Service provider conditions and rates apply.

1477 US HIGHWAY 395 SUITE C
GARDNERVILLE, NEVADA 89410

CARSON VALLEY
NEVADA

VISITCARSONVALLEY.ORG
775.782.8145